

# Resources for Children and Youth

*United Way 2-1-1 is a free and confidential number that individuals and families can call to find local community resources, programs and services based on their needs.*



## ABUSE/NEGLECT

**Children's Justice Center** provides support services in a homelike facility for children who have experienced physical or sexual abuse; 801-851-8554.

**Child Abuse and Neglect Reporting Line** serves to protect children from abuse and neglect; 855-323-3237.

**Family Support and Treatment Center** provides therapy and prevention programs for children who have been affected by child abuse or neglect; 801-229-1181.

## COMMUNITY INVOLVEMENT/ ACTIVITIES

**Boys and Girls Club** offers sports and fitness, summer and after school programs for children ages 6-18; 801-371-6247.

**Girl Scouts of Utah** offers educational and social activities to help girls develop leadership and citizenship skills; 801-265-8472.

**Utah County 4-H** consists of after school homework help, group activities and more throughout the school year. Also offers camps and activities during summer; 801-851-8470.

## CRISIS/SUPPORT

**Utah County Crisis line** offers a confidential service for anyone experiencing a crisis; 801-691-5433.

**Crisis Text Line** offers free, confidential crisis support for all ages. Text START to 741-741.

**Hope 4 Utah** provides suicide prevention, intervention, and post-vention for youth, leaders and community members; 801-342-3444.

**Vantage Point Youth Services** offers services to divert runaway/ungovernable youth ages 11-17 experiencing trouble at home or homelessness; 801-373-2215.

## EDUCATION/ PARENT SUPPORT

**Care About Child Care** provides classes for daycare providers and referrals to daycares in the area; 801-863-4589.

**Help Me Grow** is a free information line that provides parents with the knowledge and resources for children through age 8; 801-691-5322.

**Kids on the Move** provides services to low-income children with special needs and to assist families. Includes Early Intervention and Early Head Start; 801-221-9930.

**Mountainland Head Start** promotes school readiness for low-income children 3-5 years old. Qualified families can bring their children free of charge; 801-375-7981.

**Utah Parent Center** empowers parents to help their children with disabilities live productive lives and feel included in their community; 801-272-1051.

**School Districts** offer education services and early intervention programs for children; call 2-1-1 to learn more about programs in your area.



2-1-1 Utah



211utah.org

*Access 2-1-1 Utah on Instagram, online, and apps available for download.*

## **HEALTH SERVICES**

**Community Health Connect** provides access to medical and dental care for low-income and uninsured. Referrals are made to local providers for specialized medical needs; 801-818-3015.

**Kids Cause** provides eye screenings, glasses, shoes, clothing, winter coats or medical needs. Must have referral from child's school counselor, principal or teacher; 801-885-4956.

**Mountainlands Family Health Center** provides well-baby checks, immunizations, dental services, prenatal care, vision/hearing screenings, health counseling and more; 801-429-2000.

**Volunteer Care Clinic** provides free basic medical care to low-income individuals and families without health insurance. No chronic care is available. Open Tuesday and Thursday evenings 5-7 pm; 801-812-8094.

## **PREGNANCY**

**American Teen Pregnancy Helpline** is a confidential helpline which offers support, counseling, and pregnancy health information; 866-942-6466.

**Baby Safe Haven** provides a place where babies can be dropped off permanently without any repercussions; 1-866-458-0058.

**Baby Your Baby** provides temporary Medicaid insurance coverage for low-income pregnant women who have no insurance, or inadequate prenatal insurance; 801-851-7033.

**Welcome Baby** provides information, referrals and support for first-time parents. Services include home visits, playgroups; 801-691-5334.

## **SUBSTANCE ABUSE**

Utah Tobacco Prevention and Control Program provides counseling, nicotine replacement therapy for those eligible; 1-800-QUIT-NOW.

**Utah County Health Department** offers youth treatment services, which includes assessments, early intervention, and substance abuse outpatient treatment programs for youth; 801-851-7000.

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*For more information and assistance, call 2-1-1 or text your zip code to 898211.*